Terbinafine 250mg tablets

Read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Terbinafine tablets are and what they are used for
2. Before you take Terbinafine tablets
3. How to take Terbinafine tablets
4. Possible side effects
5. How to store Terbinafine tablets
6. Further information

What Terbinafine tablets are and what they are used for
Terbinafine belongs to a group of medicines called antifungal drugs. Terbinafine tablets are used for the treatment of fungal infections of:

- the groin area.
- the skin (ring worm).
- toe and finger nails (yellow, opaque and thickened nails).
- the feet (athlete’s foot).

Before you take Terbinafine tablets
Do not take Terbinafine tablets and tell your doctor if you:

- are allergic (hypersensitive) to terbinafine (active substance) or any of the other ingredients of Terbinafine tablets (see section 6).
- suffer from severely impaired liver or kidney function.

Check with your doctor or pharmacist before taking Terbinafine tablets if you:

- have an autoimmune disease e.g. systemic lupus erythematosus.
- suffer from liver disease.
- Suffer from kidney disease.
- suffer from psoriasis (scaling skin disease) or lupus erythematosus (auto-immune disorder, affecting the skin, joints, kidneys & brain), as it may worsen whilst you are taking Terbinafine tablets.

Taking other medicines
Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

- rifampicin (an antibiotic).
- cimetidine (used to treat stomach ulcers).
- tricyclic antidepressants, selective serotonin reuptake inhibitors and monoamine oxidase inhibitors (medicines for depression).
- Amiodarone, beta blockers (heart medicines).
- ciclosporin (used to prevent and treat the rejection of transplants and also used in immune diseases).
- tolbutamine (used for diabetes).
- terfenadine (a sedative).
- oral contraceptives. Break-through bleeding and irregular periods may occur when Terbinafine tablets are taken with oral contraceptives.
- fluconazole, ketoconazole (used to treat fungal infections).
- digoxin (to treat heart problems).
- caffeine.

Pregnancy and breast-feeding
If you are breast-feeding, you should not take Terbinafine tablets. If you are pregnant or planning to become pregnant, you should not take Terbinafine tablets unless your doctor decides it is necessary. You must only take Terbinafine tablets according to your doctor’s instructions.

Driving and using machines
Terbinafine tablets may affect your ability to drive or operate machines.

How to take Terbinafine tablets
Always take Terbinafine tablets exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Swallow the tablets with water.

The usual dose is:

- Adults (including the elderly): Duration of treatment depends on the type of fungal infection and the severity of the infection.
- Fungal infection of the groin area, skin and feet: 250mg (one 250mg Terbinafine tablet) once a day for 2-4 weeks. Some cases of athlete’s foot may require treatment for up to 6 weeks.

Complete healing of the infection may not occur until several weeks after completing the course of treatment.

- Fungal infection of the nails: Fingernails: 250mg (one 250mg Terbinafine tablet) once a day for 6 weeks. Toenails: 250mg (one 250mg Terbinafine tablet) once a day for 12 weeks. Some cases may require treatment for up to 6 months.

Complete healing of the infection may not occur until several weeks after completing the course of treatment. A healthy nail may take several months to grow back.

- Children: Use in children is not recommended.

If you take more Terbinafine tablets than you should
If you (or someone else) swallow a lot of tablets at the same time, or you think a child may have swallowed any contact your nearest hospital casualty department or tell your doctor immediately. Symptoms of an overdose include headache, feeling sick, pain in the upper part of the stomach (epigastric pain) and dizziness.

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Further information

What Terbinafine tablets contain

• The active substance is terbinafine hydrochloride. Each tablet contains 250mg of the active substance.
• The other ingredients are microcrystalline cellulose, croscarmellose sodium, silica colloidal anhydrous, hypromellose and magnesium stearate.

What Terbinafine tablets look like and contents of the pack

Terbinafine tablets are white, round, flat tablets. Terbinafine tablets are available in the following pack sizes: 14 and 28.

Marketing Authorisation Holder and Manufacturer:

Actavis, Barnstaple, EX32 8NS, UK.

This leaflet was last revised in October 2012.